Reaching out

Healthy societies rest on a concern for other people, and the future depends on our ability to work together as empowered global citizens and agents of change.

★ Today, do something to help a friend
★ Listen to someone who is discriminated against
★ Find out what issues someone younger than you is concerned about
★ Help resolve conflict and heal a rift in your family or workplace
★ Register to vote and participate in local discussions about environmental and social problems
★ Explore ways of using the Earth Charter in your community or workplace

“Live simply... Meditate... Consume less... Think more... Get to know your neighbors.”

TIME magazine, 51st in a list of 51 things we can do to save the environment

“‘You must do the thing you think you cannot do.’”

Eleanor Roosevelt

A caregiver comforts a patient with AIDS, Addis Ababa, Ethiopia