

# Make the **connections,** make a **change**

Our interconnections are myriad and know no national borders. Air pollution from North America affects air quality in Asia, and pesticides sprayed in Latin America could harm fish stocks off the coast of Australia.

## So what can one person do to spark a change?

### Look at your own life:

Use a “Footprint calculator” to find out how many planets’ worth of resources your lifestyle consumes.

- \* Think before you buy—do I really need this?

### How do you travel?

Can you walk, or bicycle more? It’s good for your health and uses no hydrocarbons.

- \* Take public transport

### Learn about your community:

With your friends, faith or community group, walk around your neighborhood and map natural resources, places to learn, cultural assets and environmental degradation.

- \* Develop a “Green Map” of the area
- \* Find out where you can plant a tree



VALERIA ANTIGAS ODDO

The Green Map of Santiago, Chile, was delivered by bicycle. See [greenmap.org](http://greenmap.org)

“ Start from where you are and go forward **one step at a time.** ”

Buddhist monk, Thailand

“ The degradation of the Earth has generally not occurred through a few major disasters. It has happened as the result of thoughtless decisions taken day after day, year after year, by most of the billions of humans alive on the planet.

But likewise, **we can start to allow the Earth to heal,** by doing the right thing day after day, year after year. ”

Transatlantic oarswoman Roz Savage



### UNUSUAL ANIMALS **EMPEROR TAMARIN**

The Emperor Tamarin (named after a German Emperor who had a long white mustache) typically lives in groups of four, usually with one female and three males. All take turns to care for the young.

PHOTO: MILA ZINKOVA

